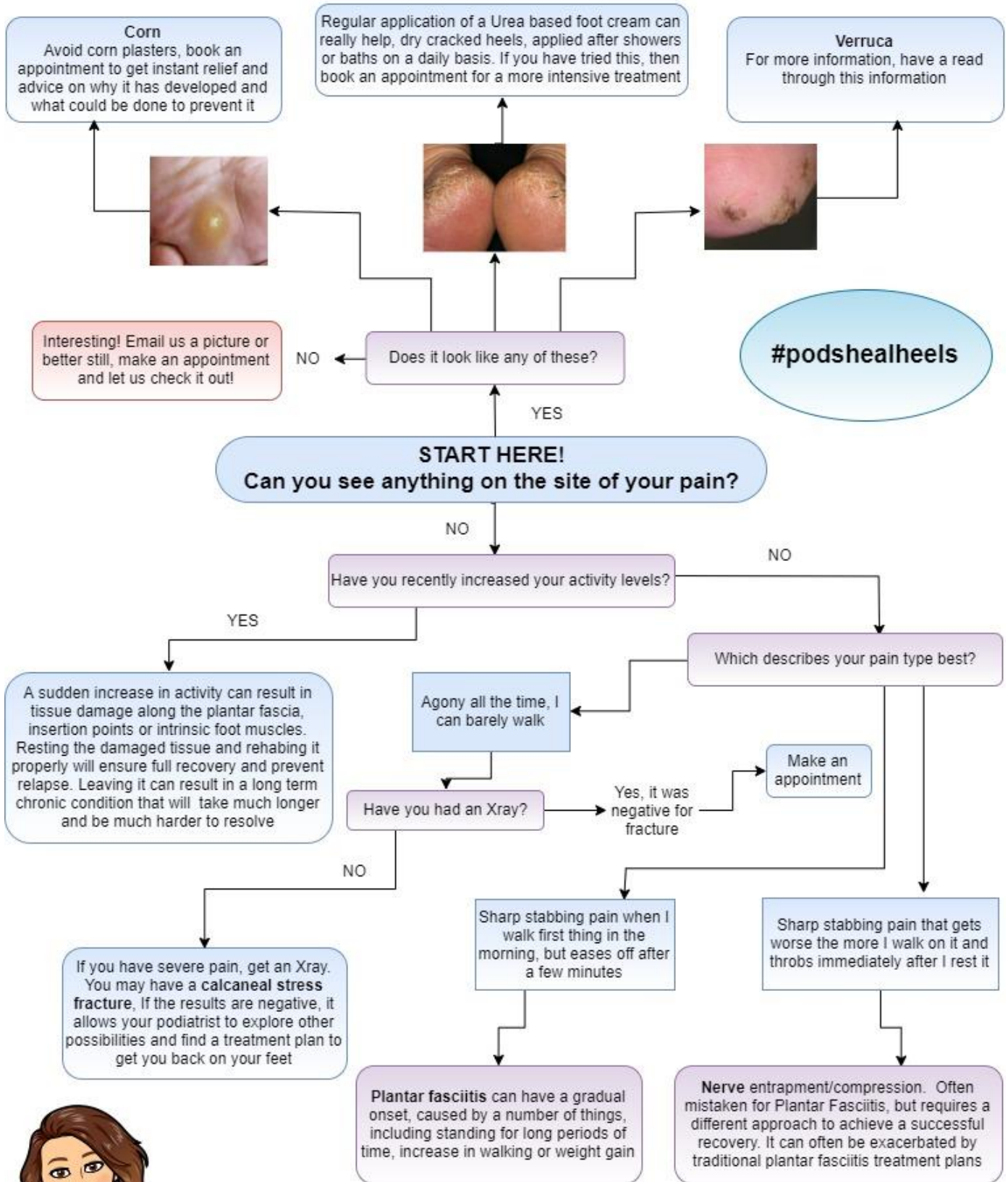


What's your heel pain?



There are over 40 possible causes for plantar Heel Pain. The above flow chart is an extremely simplistic tool to help start you on the road to recovery. A full assessment with a Podiatrist will determine the root cause of your pain and together we will come up with a treatment plan to get you back on your feet as soon as possible.

If heel pain is the problem, a Podiatrist is the solution



Health First

Foot & Gait Clinic

www.healthfirstsoutham.co.uk

Call us for help on 01926 811272